## **AGENDA**

## Relationships Retreat December 11<sup>th</sup> – 13<sup>th</sup>, 2019

**Retreat Location:** Feliciana Retreat Center

10274 LA-422

Norwood, LA 70761

## **Retreat Goals:**

• Develop a vision for leadership that emerges from respectful, humanizing, and whole relationships.

- Deepen awareness of your individual and organizational relationships habits.
- Identify key principles and practices of building positive and fruitful relationships.
- Build understanding around the journey and tools needed to shift from transactional to transformational relationships.

Day 1: Wednesday, December 11 <sup>TH</sup>	
10:30am	Arrival
11:00am	Welcome, Overview & Check-In
12:30pm	Lunch
	Self-Care: Shame & Shame Resilience
3:30pm	Break
	Unlearning Leadership: Crossing the River
	Closing Reflections
6:00pm	Dinner

Day 2: Thursday, December 12 <sup>TH</sup>	
8:00am	Breakfast
9:00am	Overview & Check-In
	Changing Orgs & Movements from the Inside Out
12:00pm	Lunch
	Movement & Breath
	Who Is Your Organization?
	Who Are You?
4:00pm	Break
	Creating a Story Line: Chapter 2 (Self & Org)
6:00pm	Dinner
	Day 3: Friday, December 13 <sup>th</sup>
8:00am	Breakfast
9:00am	Overview & Check-In
	"Bad Meetings" and Facilitation Skills
10:45am	"Bad Meetings" and Facilitation Skills Break
10:45am	
10:45am 12:00pm	Break
	Break Designing Inclusive Meetings
	Break  Designing Inclusive Meetings  Lunch
	Break  Designing Inclusive Meetings  Lunch  What's Next?