**Empathy Interviews: Exploring the Development of a Formal Network**

Solo Exercise: Self Reflection

**MY SELF REFLECTION:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

“Empathy is the capacity to step into other people’s shoes, to understand their lives, and start to solve problems from their perspectives. Human-centered design is premised on empathy, on the idea that the people you’re designing for are your roadmap to innovative solutions. All you have to do empathize, understand them, and bring them along with you in the design process.”

EMI KOLAWOLE

Emi Kolawole is Editor-in-Residence at the d.school at Stanford University. She has covered innovation and politics for the Washington Post, been the associate producer for “Washington Week with Gwen Ifill,” and was named a Global Shaper by The World Economic Forum and a Young Leader by the French American Foundation.

1. What values and beliefs do you bring to being in relationship with other leaders?

2. What challenges have you experienced being in meaningful relationships with other leaders? What can get in the way of building meaningful relationships?

3. Is it important to you to be connected in an ongoing way to other leaders serving East County specifically? Why and/or why not?

4. What types of leaders would you most like to be in network with? All nonprofits? Just human service nonprofits? Funders? Government? Others?

5. Imagine a network having three (3) initial focus areas or priorities. What 3 focus areas or priorities would be important to you?

6. What qualities or characteristics of a network would likely cause you to never join or to stop attending?

7. What kinds of supports and leadership, in your experience/opinion, are essential to launching and sustaining a successful network?

8. In your heart of hearts, does the idea of a network excite you? Why or why not?