



# Public Speaking

*Liberate Your Voice, Passion,  
and Story*

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*CompassPoint Nonprofit Services*

**CompassPoint**  
NONPROFIT SERVICES

# Impromptu Networking

- Introduce yourself to as many people as possible in 5 minutes.
- Share your name and job title.
- List three feelings that come to mind when you think about public speaking

# Group Intentions

- Be fully present
- Stretch out of your comfort zone
- Move up, move back
- Find your own voice
- Observe confidentiality
- Bring your heart as well as your mind
- Lean into giving and receiving feedback

# Logistics

- Name tags, Sign In,
- Coffee, water, food!
- Breaks, restrooms
- WIFI – CPGuests
- #CPLiberateYourVoice
- Manuals and PPT will be sent electronically (PPT and manual are complimentary but don't match)
- Need anything? Just ask!

# Welcome

- 9:30am – 4:30pm. 1 hour lunch around noon. A break in both the morning and afternoon.
- Silence mobile phones
- Return from breaks on time

# About CompassPoint

- CompassPoint **intensifies the impact** of fellow nonprofit leaders, organizations, and networks as we achieve social equity together.
- We do this work because nonprofit leaders need **relevant support that builds on their strengths, experiences, and achievements**
- We believe individuals and organizations that **invest in increasing leadership and management capacities** are better poised to achieve **progress toward social equity**

# Learning Objectives

- Learn the 4 Ps framework for Public Speaking: Preparation, Presentation, Personality, and Pronunciation.
- Practice public speaking in your authentic voice
- Give and get supportive developmental feedback;
- Explore fears and anxieties and develop practices to address them.

# Agenda

- Welcome / Overview
- Learning the 4 P's
- Let's Talk!

## **- lunch break -**

- Preparing our Presentations
- Presentations / Developmental Feedback
- Next Steps and Action Planning



# Why Public Speaking?

“According to most studies, people’s number one fear is public speaking. Number two is death. DEATH IS NUMBER TWO! Does that sound right? That means to the average person, if you go to a funeral, you’re better off in the casket than doing the eulogy.”

- *Jerry Seinfeld*



# Icebreaker: Crunch & Toss



- Write 1 challenge you have around public speaking.
- Do not write your name on it.
- Write legibly (someone else will read it)
- Crumple the paper into a ball
- TOSS IT (when prompted)

## (Quick) Icebreaker Cont'd:

- Name and Gender Pronoun (she/her/hers; he/him/his; they/them/theirs; etc.)
- Organization and Job Title
- Read what is on your paper.

# The Wisdom is in the Room



# The 4 P's of Public Speaking

<p><b>Preparation</b></p> <p><i>Taking the time you need to <u>feel confident</u> about any speaking engagement.</i></p>	<p><b>Personality</b></p> <p><i>How does <u>the real you</u> show up when you're speaking?</i></p>
<p><b>Presentation</b></p> <p><i>Stylistic approaches, how you structure your speech, how you deliver it, and designing toward your audience.</i></p>	<p><b>Pronunciation</b></p> <p><i>The tone of your voice, the inflections you choose, the speed at which you speak, and the vocal control you demonstrate.</i></p>

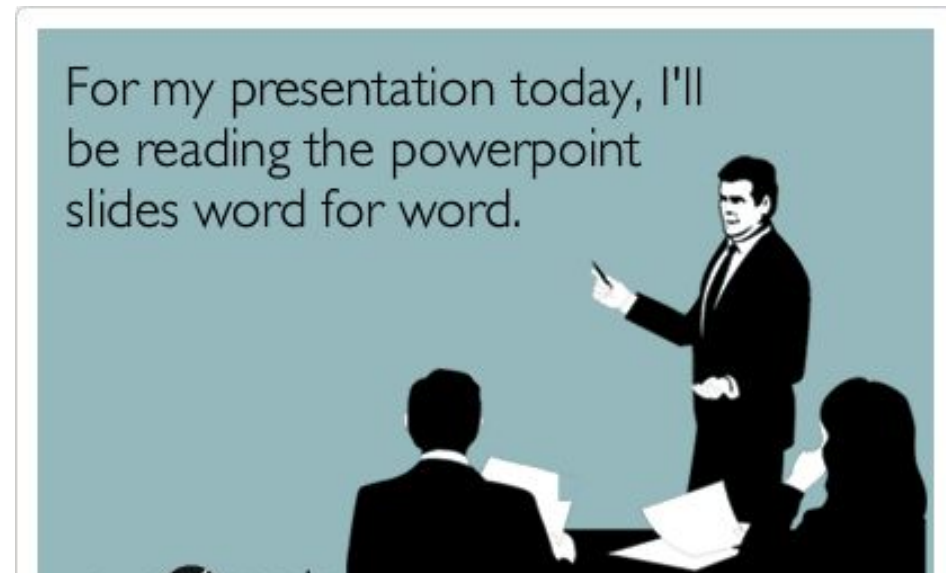
# The 4 P's of Public Speaking: Preparation

- Audience Analysis
- Highest Hopes!
- Know Your Why



# The 4 P's of Public Speaking: Presentation

- Outlining
- Physical Considerations
- Content Considerations & Testing



# The 4 P's of Public Speaking: Personality

“Remind yourself,  
Nobody built like you...  
You design yourself.”

- *Sean Carter aka Jay-Z*





# The 4 P's of Public Speaking: Pronunciation

- A - E - I - O - U
- Humming
- Jaw Releases / Neck Rolls

So you're curious what this might look like eh?

[Too funny to not include](#)

# Overcoming Our Fear

- Contextualize the stakes
- Channeling your nerves
- Speaking from the heart
- It's a skill - you *can* improve



# Overcoming Our Fear (cont)

**In pairs, answer:**

What fear(s) do you have around public speaking? What do you think is at the root of your fear? *What keeps you up at night?*

What have you done to overcome other fears in your life? How might that apply here?

# Fireside Chats

- **Question #1:** What did you dream of doing (professionally or personally) when you were growing up and why?
- **Question #2:** What's your biggest concern and/or biggest hope for our collective future? Why?
- **Question #3:** What's one artistic creation that has deeply shaped your view / perspective / outlook on life? Explain how it has done so.
- **Question #4:** If you could go back in history and be a part of any social movement for change, which would you choose and why?

# Spectrum



# Preparation for your Presentation

- You will have 3 minutes total to present. We will provide written and brief oral feedback to you after as a group. ***Feedback is only as valuable as it is actionable - keep this in mind.***
- Please consider using the outline template in your booklets / notecards at your table to capture your points.
- If you have a cell phone, please record your presentation. If you don't, please let me know. **Please do not make a powerpoint.**
- Sample Prompts (**please do not feel limited to these**):  
*Why you do what you do (professionally, hobbies, etc)*  
*A cause you're committed to or passionate about*  
*A story or memory you want to share*  
*A call to action for this audience*

# Closing Reflections

- Please list one thing you hope to take from this workshop and to use in developing your public speaking skills.
- Don't forget to complete the evaluation!
- **Contact:** [KadS@compasspoint.org](mailto:KadS@compasspoint.org)
- THANK YOU!