

Self-reflection on Money and Fundraising

We acquire beliefs and values about money when we are young that influence our current behaviors and attitudes--- when we talk about money, how we manage our money, and ask for money. Our beliefs are shaped by culture, and they are *reinforced* by what family members and other adults had to say about money, or how they behaved when money issues arose.

Take a moment to think of a few times in your childhood when money was discussed or not discussed, or a memory of how others taught you about money. Perhaps it was when you or a sibling asked for money, or for something that would cost a lot of money. Perhaps it was an experience about hiding the family's lack of money, or their having 'too much' money.

What is your strongest memory of money when you were young?

What beliefs, attitudes influence you today? Examples:

- *I can't be trusted with money.*
- *It's only money. People are more important.*
- *Our family, community will never have enough money.*
- *Talking about money causes people to get angry and fight.*
- *Saving money is a family virtue.*
- *Money gives power over others.*

Think of how these strong beliefs affect your own relationship and behaviors with money, such as personal finances, or talking about money with family or acquaintances.

How does this positively or negatively affects my behaviors with money today...

How do my own beliefs and behaviors about money need to change?

What community beliefs and behaviors need to change about money?
